









































































































## Liste des 14 allergènes principaux par recette

|   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|--|---|---|---|--|---|---|---|---|---|---|---|---|---|---|
|   | Repas / Plat                             | Lait  | Blé / Gluten  | Oeuf  | Poisson  | Sulfites  | Fruits à coques   | Crustacés   | Mollusques  | Céleri  | Soja  | Arachides   | Moutarde  | Sésame  | Lupin   |
|    | <b>Lundi 04 Novembre - Déjeuner</b>      |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Salade verte aux croûtons                | X   | X   |   |  | X   |   |   |   |   |   |   | X   |   |   |
|    | Soupe miso                               |   |   |   | X  |   |   |   |   |   | X   |   |   |   |   |
|    | Chipolatas grillées                      |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Carottes au basilic                      |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Riz                                      |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Fromy                                    | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Yaourt aromatisé                         | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Barre bretonne                           |   | X   | X   |  |   |   |   |   |   |   |   |   |   |   |
|    | Corbeille de fruits                      |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Flan vanille caramel                     | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Pain                                     |   | X   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | <b>Mardi 05 Novembre - Déjeuner</b>      |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Chou blanc vinaigrette                   |   |   |   |  | X   |   |   |   |   |   |   | X   |   |   |
|    | Croisillon emmental                      | X   | X   | X   |  |   |   |   |   |   |   |   |   |   |   |
|    | Omelette masala                          |   | X   | X   |  |   |   |   |   |   |   |   | X   |   |   |
|    | Penne bolognaise                         |   | X   |   |  |   |   |   |   | X   |   |   |   |   |   |
|   | Navets au basilic                        |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Penne                                    | X   | X   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Brie                                     | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Yaourt nature sucré                      | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Compote de pommes                        |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Corbeille de fruits                      |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Gâteau Oréo                              | X   | X   | X   |  |   |   |   |   |   | X   |   |   |   |   |
|  | Pain                                     |   | X   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | <b>Mercredi 06 Novembre - Déjeuner</b>   |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Crème de champignons et cèpes, éclats de | X   |   |   |  |   |   |   |   | X   |   |   |   |   |   |
|  | Lentilles vinaigrette terroir            |   |   |   |  | X   |   |   |   |   |   |   | X   |   |   |
|  | Papillote de merlu au poireau            | X   |   |   | X  |   |   |   |   |   |   |   |   |   |   |

|   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|--|---|---|---|--|---|---|---|---|---|---|---|---|---|---|
|   | Repas / Plat                           | Lait  | Blé / Gluten  | Oeuf  | Poisson  | Sulfites  | Fruits à coques   | Crustacés   | Mollusques  | Céleri  | Soja  | Arachides   | Moutarde  | Sésame  | Lupin   |
|    | Tomates farcies                        |   | X   | X   |  |   |   |   |   |   |   |   |   |   |   |
|    | Epinards à l'indienne                  | X   | X   | X   |  |   |   |   |   | X   |   |   | X   |   |   |
|    | Pommes de terre vapeur                 |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Mimolette                              | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Yaourt nature sucré                    | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Ananas au sirop vanille                |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Corbeille de fruits                    |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Ile flottante                          | X   |   | X   |  |   | X   |   |   |   |   |   |   |   |   |
|    | Pain                                   |   | X   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | <b>Jeudi 07 Novembre - Déjeuner</b>    |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Céleri rémoulade                       |   |   | X   |  | X   |   |   |   | X   |   |   | X   |   |   |
|    | Coleslaw                               |   |   | X   |  | X   |   |   |   |   |   |   | X   |   |   |
|    | Moussaka                               | X   | X   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Julienne de légumes                    | X   |   |   |  |   |   |   |   | X   |   |   |   |   |   |
|    | Semoule                                |   | X   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Emmental                               | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|    | Yaourt nature sucré                    | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|   | Clafoutis banane                       | X   | X   | X   |  | X   |   |   |   |   |   |   |   |   |   |
|  | Compote de pommes                      |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Corbeille de fruits                    |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Pain                                   |   | X   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | <b>Vendredi 08 Novembre - Déjeuner</b> |   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Mini-pizza                             | X   | X   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Soupe Pistou                           |   | X   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Moussaka                               | X   | X   |   |  |   |   |   |   | X   |   |   |   |   |   |
|  | Blé pilaf                              |   | X   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Haricots verts                         | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Fondu Président                        | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Yaourt nature sucré                    | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Corbeille de fruits                    |   |   |   |  |   |   |   |   |   |   |   |   |   |   |

|   |                  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|------------------|---|---|---|--|---|---|---|---|---|---|---|---|---|---|
|   | Repas / Plat     | Lait  | Blé /<br>Gluten   | Oeuf  | Poisson  | Sulfites  | Fruits à<br>coques  | Crustac<br>és   | Mollusq<br>ues  | Céleri  | Soja  | Arachid<br>es   | Moutard<br>e  | Sésame  | Lupin   |
|  | Flan chocolat    | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Poire au caramel | X   |   |   |  |   |   |   |   |   |   |   |   |   |   |
|  | Pain             |   | X   |   |  |   |   |   |   |   |   |   |   |   |   |